Health Coaching By Health Professions Students for Frail Older Adults Scheduled for High Risk Elective Surgery

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Introduction

Surgery Wellness Clinic:
- Mission: improve surgical care for older adults
- Integration of best practices in geriatric surgery with preoperative assessment
- Interdisciplinary care pathway that includes
  - Individualized risk assessment
  - Patient-centered decision making
  - Functional optimization

Health Coaching:
- Potential active role for early learners in fast-paced clinical setting
- Patient care and student satisfaction demonstrated in the care of patients with diabetes [1].

Curriculum Overview

- Didactic Training: Students receive didactic education on health coaching by participating in a health coaching workshop taught by the UCSF School of Medicine.
- Clinical Preceptorship: Students elect to participate in a 9 month preceptorship placement with the Surgery Wellness Clinic (SWC) for Older Adults situated in the UCSF Department of Surgery
- Coaching Scripts: A written call script approved by the UCSF institutional review board is used to standardize and guide the content of the health coaching call. Content of all coaching calls are documented in the SWC registry database.

Learning activities mapped to patient events timeline

Outcome Measurement

- Patient satisfaction
- Patient adherence with care plan
- Number of instances when a health coach contacts the primary team or recommends that the patient call their primary care doctor
- Health coach satisfaction (biweekly survey) based on minute paper feedback tool [2]

References


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